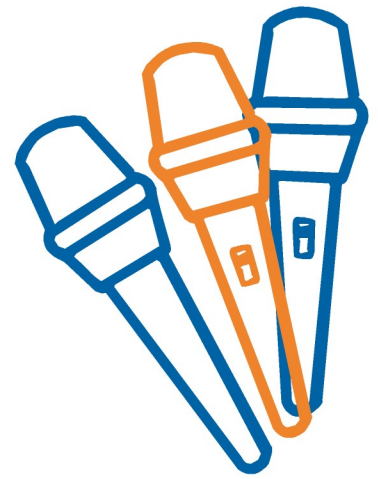


# Vocal Coach

**Interaktive Stimmbildung**  
Neues erfahren - freier agieren



**The art of reading aloud:**

**Captivating narration - exciting interpretation**

**Live Online Training**

English version of „Die Kunst des Vorlesens: Spannend erzählen, fesselnd interpretieren“

Reading aloud is something wonderful. Be it that you want to tell children a fairy tale or captivate adults with a story. However, the realisation quickly matures that it is not enough to pronounce the sentences and words correctly.

In this workshop, participants learn to read aloud in a more creative and lively way. Body, voice, agility, imagination and joy are the basis on which they can discover new design possibilities for their linguistic expression. Simple exercises for voice training enable the reader to develop a rich voice sound with minimal effort. Relaxation exercises help them cope better with stage fright and feel more comfortable reading overall. Slips of the tongue, shortness of breath and other vocal signs of tension are reduced.

Interpreting texts is an art. The techniques for this can be learned. How can you look at well-known content from a new perspective? An exciting process, both for the readers themselves and for the audience. What possibilities and problems arise, for example, from multilingualism and the translating retelling of children's books into another language?

In this workshop, participants can intensively exchange their practical experiences. The specific course of the seminar is based on the resulting topics and wishes. Together, transfer strategies are developed to integrate the newly gained knowledge and skills into everyday working life.



Julia Kokke M.A.  
Sprachwissenschaftlerin

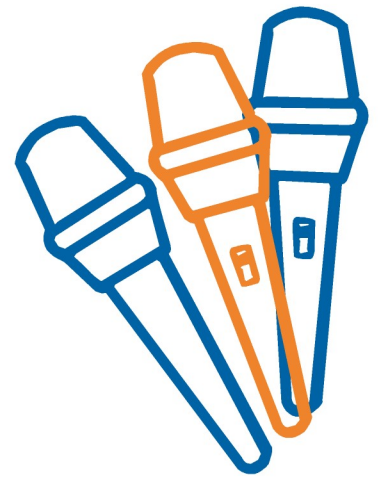
Schaumburgstrasse 28  
D-30419 Hannover - Herrenhausen

Kontakt  
Telefon +(49) 0511.37007380

E-mail [info@JuliaKokke.de](mailto:info@JuliaKokke.de)  
Internet [www.JuliaKokke.de](http://www.JuliaKokke.de)

# Vocal Coach

Interaktive Stimmbildung  
Neues erfahren - freier agieren



## Knowledge

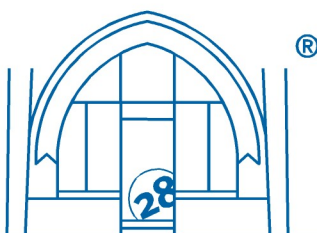
The participants know:

- the connection between neck, back and voice problems
- the connection between breathing and voice problems and unconscious posture routines
- the effect of psychological stress on body tension
- the basics of ATM (Awareness through movement), the differentiation of movement as a basis for freer body posture and breathing
- Basics of the Feldenkrais Method (Thinking-moving-sensory sensation-emotion as an overall process, improvement of body dynamics as a basis for increased well-being)
- Basics of functional voice development (differentiation of sound – relief of the voice function).

## Abilities

Participants are able to:

- to recognize inhibiting posture routines and to change them
- to create targeted relief for physical, mental and psychological well-being, through mobility exercises for the cervical, thoracic, lumbar spine and pelvis
- to 'tune in' to stressful speech situations
- to recognize stress reactions in oneself at an early stage and to do preventive exercises.



Julia Kokke M.A.  
Sprachwissenschaftlerin

Schaumburgstrasse 28  
D-30419 Hannover - Herrenhausen

Kontakt  
Telefon +(49) 0511.37007380

E-mail [info@JuliaKokke.de](mailto:info@JuliaKokke.de)  
Internet [www.JuliaKokke.de](http://www.JuliaKokke.de)