Vocal Coach

Interaktive Stimmbildung Neues erfahren - freier agieren



Speak in the digital space: Effortless and authentic

Online lecture

Voice and speech expression have become even more important in the digital space than they were already in presence in professional communication. Just think of video conferences with colleagues, live online training, moderations of exchange groups etc.

The proportion of speech in the digital space increases exponentially, the compression of work does the rest. Here there is a risk of overexerting the voice and permanently damaging.

Therefore, voice care is an important part of professionalization in the digital world of work. In addition, the quality of vocal sound and linguistic expression decide on the listener binding, i.e. whether you like to listen or 'switch off'.

The listener binding is extremely important, especially in the case of conferences in which the camera remains switched off. Suddenly you become a radio presenter - and nobody has prepared you for it.

In this impulse workshop I show you how can to get your voice efficient in digital space and use it creatively and professionally.

You also learn some simple voice and relaxation exercises that you can easily integrate into your everyday work.

Basic questions:

- How can I get my voice healthy?
- What do physical tensions have to do with hoarseness?
- How can I develop the sound of my voice?
- How can I become normal in front of the camera and speak naturally and alive?

Duration of the lecture 2 hours

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