## **Vocal Coach**

### Interaktive Stimmbildung Neues erfahren - freier agieren



## The art of reading aloud Captivating narration, exciting interpretation\* Live Online-Training

Reading aloud is something wonderful. Be it that you tell children a fairy tale or captivate adults with a story. However, the realisation quickly matures that it is not enough to pronounce the sentences and words correctly.

In this workshop you will learn to read aloud in a more creative and lively way. Body, voice, agility, imagination and joy are the basis on which you can discover new design options for your linguistic expression.

Which processes influence the radiance of my voice, the intensity of my lecture? Understand this is an essential part of the training.

Simple exercises for voice and hearing training enable you to develop a rich vocal sound with a minimal effort.

Relaxation exercises help you better deal with stage fright and feel more comfortable reading overall. Slips of the tongue, shortness of breath and other vocal signs of tension are reduced.

Interpreting texts is an art. The techniques for this can be learned. How can you look at well -known content from a new perspective? An exciting process, both for the readers themselves and for the audience.

In this workshop, the participants can intensively exchange their practical experiences. The specific course of the seminar is based on the resulting topics and wishes. Together, transfer strategies are developed to integrate the newly gained knowledge and skills can be into everyday working life.

As the basis for the exercises, select your reading material with which you want to work. This can be e.g. children's books, novels, factual texts, poems or self-written texts.

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## Knowledge

The participants will learn about:

- variations in the relationship between content and expression
- improvisation techniques: different speaker roles, target groups, attitudes to the text
- methods for promoting the means of linguistic expression: emphasis, melody, pauses
- methods of Functional Voice Training (Gisela Rohmert) for more assertiveness, clarity, warmth, volume, dynamics
- methods to promote natural, expressive facial expressions and gestures
- methods for physical relaxation and flexibilisation for a confident appearance in front of an audience, reduction of stage fright, avoidance of shortness of breath (Feldenkrais Method, F.M. Alexander technique).

#### Know-how

The participants will be able to:

- develop a presentation style that corresponds to one's own personality
- develop a rich treasure trove of linguistic means of expression and call them up in the lecture situation
- perform relaxed and self-confident in front of an audience
- adapt intuitively to the audience and build a stable, emotional connection
- stimulate the imagination of the listeners through pictorial language, gestures and facial expressions
- use their own voice variably and multi-layered, without getting tired or hoarse.

#### Attitude

The participants will:

- understand reading aloud as a creative process
- know that the good contact with oneself and one's own well-being is transferred to the audience.

#### Methods

- individual work with feedback from the group and the lecturer
- partner work for special forms of expression
- small group work for intensive exchange among each other and development of transfer strategies
- group work (plenum) with guided relaxation exercises and reflection on content.

Scope: 4 three-hour modules (a total of 12 hours)

\*English version of "Die Kunst des Vorlesens: Spannend erzählen, fesselnd interpretieren"